



## KALEE FLOYD'S THERAPIST DISCLOSURE STATEMENT

**Formal Education and Training:** I received my Bachelor of Science in Criminal Justice at Kennesaw State University in Kennesaw, Georgia. After working for several years, I returned to school to obtain my Master of Arts in Clinical Mental Health Counseling from Gonzaga University. I am currently enrolled in my master's program and am under professional supervision while working toward obtaining licensure. My supervisor's name is Cody Brown, and his licensure information is as follows: Licensed Mental Health Counselor in Washington (LH61136624); a Licensed Professional Counselor in Oregon (C-4652) and a Licensed Clinical Professional Counselor in Idaho (5671).

**Philosophy and Approach:** Starting counseling can be anxiety-inducing but I do my best to make all my clients feel comfortable. I am passionate about working with individuals of all ages and a variety of diagnoses and challenges. I believe each human is unique, and therefore there I do not believe that one theory or technique can work for every client. I cater my approach to the individual I am working with based on your needs, personality, culture, and experiences. My role as your counselor is to provide a safe space to enable you to explore yourself in a positive and non-judgmental environment. I believe it is important to encourage you to experience growth throughout our time together. Each of our sessions will provide you with an opportunity to be seen and listened to with undivided attention. Sometimes life can feel overwhelming and unbearable, my goal is to work alongside you and help make life's journey less arduous.

**Participation:** I believe it is important to provide a safe space for my clients to share openly. I structure my sessions in a collaborative manner and encourage my clients to provide feedback based on your needs. I will do my best to help you identify and work toward your goals; however, the results will largely be dependent upon your willingness to engage. Personal growth can often be gradual and frustrating. I encourage you to discuss with me any concerns you have regarding your progress.

**Consultations:** As an intern, I am under supervision, and I am required to record sessions to share with my supervisor. I may need to submit recordings of our sessions to my professors as required by my program. Additionally, I may occasionally need to consult with other professionals in their areas of expertise to provide the best possible treatment for you. Information about you may be shared in this context without using your name. At times it may be necessary for me to consult with other professionals, such as your psychiatrist, past mental health providers or physician. I will ask you to complete a release of information to authorize these exchanges. If you have any questions or concerns related to the contents of this section, please contact me and we will discuss further as your comfort is of the utmost importance to me.

**Scheduling Appointments:** Appointments are typically made on a regular, weekly basis, unless otherwise determined by your treatment plan. It is your responsibility to reschedule at the end of a session. I will attempt to keep the same appointment time available to you unless frequent cancellations have been made. If you are unable to attend our appointment, please call me as soon as possible. If you need to cancel or reschedule an appointment, 24-hour notice is required. Failure to do so will result in a late cancellation fee in the amount of your regular session fee. If you are unable to attend in person but can attend your session via telehealth or phone call, I will do my best to accommodate the change. Barring an emergency, I will let you know at least two weeks in advance if I will be unavailable for a session.

**Termination:** The length and course of your treatment are dependent upon your presenting problem, diagnosis, willingness to engage in treatment and promote change. I believe the termination process should be a mutually agreed upon decision based on your progress and achievement of goals. You do, however, have the right to decide to terminate treatment at any time. Additionally, if you decide I am not the right fit, referrals can be provided at your request. If I must terminate our relationship for any reason, referrals will also be provided. If the referral is declined, the relationship may be discontinued. Please know that if treatment comes to an end, you are always welcome to return in the future.